

Claims:

1 1. A method for improved absorption and beneficial effects of
2 Corosolic acid for maintenance of blood sugar levels and
3 weight-loss when administered at approximately 48 mg/day of
4 Corosolic acid in soft gel form.

1 2. The method as defined in claim 1 wherein said soft gel form
2 includes:
3 rice bran oil.

1 3. The method as defined in claim 2 wherein said soft gel form
2 includes:
3 silicon.

1 4. A soft gel capsule for absorption of Corosolic acid into an
2 intestinal tract for maintenance of blood sugar levels and
3 weight-loss including:
4 Corosolic acid.

1 5. The soft gel capsule as defined in claim 4 wherein said
2 Corosolic acid is extracted from:

1 6. The soft gel capsule as defined in claim 4 wherein said
2 Corosolic acid is extracted from acid-soluble extract from
3 Lagerströmia speciosa (Rosaceae).

1 7. The soft gel capsule as defined in claim 4 further
2 including:
3 rice bran oil.

1 8. The method of claim 4 further
2 including:
3 rice bran oil;
4 sillon.

1 9. The method of claim 4 further
2 including:
3 yellow beeswax.

1 10. The method of claim 4 further
2 including:
3 yellow beeswax;
4 sillon.

1 11. The method of claim 4 further
2 including:
3 rice bran oil.

1 12. The method of claim 4 wherein said
2 Corosolic acid is present in the range of 1 to 100 mg.

1 13. The method of claim 12 further
2 including:
3 rice bran oil.

1 14. The method of claim 12 further
2 including:
3 Corosolic acid.

1 15. The method as defined in claim 12 wherein said
2 Corosolic acid is derived from said alcohol extracted from
3 *Lagerströmia speciosa*.

1 16. The method as defined in claim 4 wherein said
2 Corosolic acid is derived from said alcohol extracted from
3 *Lagerströmia speciosa*.

1 17. The method as defined in claim 4 further
2 including:
3 extracting *Spina Glycerate*.

1 18. A method for manufacturing a soft gel capsule for
2 absorption of Corosolic acid into the human intestinal tract and
3 maintenance of a constant blood concentration including:
4 heating the mixture in a container;
5 adding a filler such as silica;
6 adding a plasticizer such as glycerol;
7 continually stirring all the ingredients;
8 cooling the mixture to a temperature;
9 nitrogen gas being added to the mixture; and
10 encapsulating the mixture in a soft gel capsule.